



## ConnectiCare Choice Dual (HMO-POS D-SNP) Over-the-Counter (OTC) Card Eligible Items

As a member of ConnectiCare Choice Dual (HMO-POS D-SNP), you can use your Over-the-Counter (OTC) card to buy eligible items from any participating OTC pharmacy.

For more information about participating OTC pharmacies, please visit [MyBenefitsCenter.com](https://www.MyBenefitsCenter.com). For more information about mail-order OTC, please visit [ConveyBenefits.com/Connecticare](https://www.ConveyBenefits.com/Connecticare) to sign on using your 19-digit OTC card number.

Please note: You can only use this card to buy items for yourself.

### Abdominal Supports and Rib Belts

#### Acid Controllers

#### Allergy

Allergy liquids, tabs and caps  
Allergy nasal sprays, drops and inhalers

#### Anti-Diarrheals

Anti-Diarrheal tabs, liquids and caps

#### Antifungal Treatments

Antifungal powders, creams, liquids and sprays  
Nail fungus treatments

#### Anti-Gas

Mixed/Miscellaneous anti-gas

#### Anti-Itch Treatments

Anti-Itch treatments (excluding Hydrocortisone), jock itch and insect bite remedies  
Hydrocortisone products

#### Antiparasitic Treatments

Lice treatments and accessories

#### Braces

Ankle and foot  
Elbow and arm  
Hand and wrist  
Joint warmers and arthritis  
Knee  
Thigh, calf and shin

#### Contact Lens Care

Gas permeable and hard lens care  
Soft lens cleaners  
Soft lens multi-purpose and saline solutions  
Soft lens rewetting drops

#### Cough, Cold, Flu and Sinus

Cold and flu preventatives/symptom reducers  
Cough, cold, flu and sinus liquids, tabs and caps

### Cough Drops, Sore Throat Relief

Sore throat pain relief  
Throat and cough drops

#### Denture Care

Alcohol swabs and wipes  
Denture adhesives  
Denture repair and pain relief

### Diabetes Health and Personal Care

Diabetes cough, cold and allergy  
Diabetes skin care and external pain relief  
Diabetes supplements

#### Digestive Aids

Lactose intolerance  
Prebiotics and probiotics

#### Diuretics and Weight Loss

#### Cleansing and Detox

Diuretics  
Weight loss cleansing and detox

#### Ear Care

Ear drops and syringes  
Hearing aids

#### Lipoflavonoids

### Elastic Bandages and Athletic Treatments

Athletic treatments  
Elastic bandages  
Protective guards

#### Electrical and Audio

Hearing aid batteries (standard and high performance)

#### External Pain Relief

External muscle/joint pain relief patches, pads, creams, ointments, gels, lotions, liquids, roll-ons and sprays

#### Eye Care

Magnifying glasses  
Reading glasses

### Eye Preparations (includes sleep masks)

Dry eye relief  
Eye relief products  
Eye wash

### Facial and Body Acne Medications

Acne creams, gels, lotions, patches, soaps, cleansers, astringents, toners and pads

#### Feminine Antifungal

#### First Aid Dressings

Adhesive and liquid bandages  
Finger cots and splints  
First aid kits, supplies and tapes  
Gauze pads, dressings and rolls  
Masks (respiratory, barrier, etc.)  
Protective gloves  
Surgical bandages and dressings

#### First Aid Treatments

Antiseptics and medicated products (includes alcohol, peroxide, epsom salt, etc.)  
Skin protectants (includes petroleum jelly)  
Skin treatments (includes burn and scar)  
Topical antibiotics  
Wound cleansers

#### Floss and Gum Care

Dental gum  
Floss and flossers  
Gum care

#### Foot Cushioning and Treatments

Corn, callus and bunion pads  
Corn and callus removers

#### Foot Pain Relief

Athletic support socks  
General compression sleeves and garments  
General support – low compression (8-15 mmHg) and medical support high compression (over 8-15 mmHg)

Lymphedema treatments (sleeves, socks, pumps, etc.)  
Medical compression sleeves and garments  
Mixed/Miscellaneous general support – low compression (8-15 mmHg)  
Medical support and accessories (knee-high, thigh-high and waist-high)  
Men's support hose  
Women's high compression support hose – full and maternity  
Women's support hose – knee-high, thigh-high, full and maternity

#### Hemorrhoid Preparations

Hemorrhoid treatments, wipes and washes

#### Home Diagnostics and Aids for Daily Living

Bathing and oral hygiene aids  
Blood pressure kits and accessories  
Drug and alcohol tests  
Electric heating pads  
Grooming and dressing aids  
Medical alert IDs and devices  
Medicine dosers, pillboxes, organizers and reminders  
Mobility safety: stair rails, stair treads and temporary mobility ramps  
Nightlights, safety lights and pill cutters  
Reachers, grippers and lifts  
Reading, writing and telephone aids  
Stethoscopes and accessories  
Thermometers, fever strips and accessories

#### Home Health Care

Bathtub safety and accessories

## Over-the-Counter (OTC) Card Eligible Items (continued)

### Bathtub and toilet rails and frames

Elevated toilet seats and accessories  
Grab bars and handles  
Hand-held showers  
Mixed/Miscellaneous bathroom safety  
Sitz baths and bidets

### Incontinence Personal Care

Deodorizers  
Disposable underwear, briefs, undergarments, underpads, pads, shields, guards and drip collectors  
Perineal – only antifungals  
Perineal – only cleansers and washes  
Perineal – only moisturizers, barriers and protectants  
Perineal – only wipes and novelettes

### Laxatives

Enemas, laxative suppositories, kits, etc.  
Fiber products  
Laxative liquids and combination stool-softener products  
Non-liquid laxatives (non-fiber) and combination stool-softener products  
Stool softeners

### Lip Care

Medicated lip treatments

### Nasal

Decongestant nasal sprays, drops and inhalers  
Nasal moisturizers, washes, strips and snore relief

### Oral Remedies (includes fluoride treatments)

Dry mouth  
Oral pain relief and mouth sores  
Temporary dental repair

### Orthopedic and Surgical Support

Arm slings and cervical collars  
Hernia supports and suspensories  
Sacro and back braces  
Shoulder and clavicle braces

### Pain Relief

Adult acetaminophen  
Adult aspirin and combinations  
Adult ibuprofen and other anti-inflammatories  
Adult nighttime pain relief  
Adult specialty pain relief  
Feminine pain relief

### Patient Skin Support

Antifungals  
Instant hand sanitizers  
Moisturizers, barriers and protectants

### Physical Fitness and Exercise Equipment

Fitness trackers and pedometers

### Respiratory Treatments

Asthma preparations  
Humidifiers and accessories  
Repository treatments  
Vapor products (includes waterless vaporizers)

### Reusable Incontinence

Reusable garments and underpads

### Sleep Aids, Stimulants and Motion Sickness

Motion sickness and vertigo  
Sleep aids, sedatives and stimulants

### Smoking Deterrents

Nicotine patches, gums and lozenges

### Specialized Orthopedic Braces/Supports/Splints

Specialized ankle and foot braces/supports/splints  
Specialized elbow and arm braces/supports/splints  
Specialized hinged knee braces/supports/splints  
Specialized knee immobilizer braces/supports/splints  
Specialized shoulder and clavicle braces/supports/splints  
Specialized thigh and calf braces/supports/splints  
Specialized wrist and hand braces/supports/splints

### Specialized Wound Care

Alginate dressings  
Collagen dressings  
Foam dressings  
Gauze dressings, pads, sponges and packing  
Hydrocolloid/Hydrogel dressings  
Tapes, wraps and compression  
Transparent dressings  
Wound cleansers, treatments and accessories

### Stomach Remedies

Antacids  
Antacid liquids, tabs and caps  
Effervescent antacids and combinations  
Multi-symptom and nausea products

### Sun Protection

Sport sun protection  
Sun protection (< SPF 50)  
Sun protection (SPF 50+)

### Supplements

Enzymes, amino acids and hormones  
Eye health vitamins  
General health prebiotics and probiotics  
Menopause support (soy)  
Weight management tabs and caps

### Toothbrushes

Battery and rechargeable toothbrushes and refills  
Manual toothbrushes and accessories

### Toothpastes and Treatments

Regular and sensitive toothpastes  
Tooth powders and treatments  
Whitening toothpastes

### Urine Testing

Urine test strips and tabs

### Vitamins

Calcium  
CoQ10 only (UBIQUINOL)  
Eye health vitamins  
Heart health and essential fatty acids (fish oil, flax, GLA, etc.)  
Iron  
Joint health (including Glucosamine)  
Multi-minerals  
Vitamin B and Vitamin B complex  
Vitamin C  
Vitamin D  
Vitamin E

### Wart Removers

Liquids and pads

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### Over-the-Counter Non-Covered Items

Diabetes Care (blood glucose testing, continuous glucose monitoring devices, insulin, syringes and delivery systems). These items may be covered under your medical plan benefits. Please see your Evidence of Coverage for more information.

Covid Test

Foot Care (foot grooming, foot moisturizers, exfoliators and cleansers, odor and wetness treatment insoles/inserts)

Non-prescription hearing aids

Oral Care (mouthwash and breath remedies)

The product list is subject to change. Items, quantities, sizes, and values may change depending on availability at the retailer. Only certain brands are included.