

## Reduce Costs by Prescribing Clinically Approved Alternatives

Certain medications, strengths, and dosage forms are priced significantly higher than other clinically comparable alternatives. We are providing the following information to help you and your patients make informed decisions.

The next time your patients need a prescription filled for one of these medicines, we hope you will refer to the chart on Commonly Prescribed Proton Pump Inhibitors on the next page and consider cost-effective and clinically appropriate options.

### What can you do for all of your patients?

- Consider starting new patients on the lower-cost options and, where appropriate, discuss switching current patients from the higher-cost medication to lower-cost options listed in the chart.
- Consider utilizing over-the-counter options as first line agents, when appropriate.
- High-dose or long-term proton pump inhibitor use carries a possible risk of bone fractures, hypomagnesemia, and impaired nutrient absorption. Evaluate the patient for the potential to utilize the lowest effective dose and/or consider tapering them off therapy, as appropriate.

Please refer to the chart on the next page and call our clinical pharmacist **317-556-4204** if you need additional information.

Commonly Prescribed Proton Pump Inhibitors		
Cost per Claim*: \$ = \$1 – \$49; \$\$ = \$50 – \$199; \$\$\$ = \$200 – \$499; \$\$\$\$ = \$500 – \$999; \$\$\$\$\$ = \$1,000 – \$1,999; \$\$\$\$\$\$ = \$5,000+		
Ingredient	Medication Name	Cost per Claim*
<b>DEXLANSOPRAZOLE</b>	Dexlansoprazole DR Capsule (30mg, 60mg)	\$\$\$
	DEXILANT <sup>®</sup> DR Capsule (30mg, 60mg)	\$\$\$\$
<b>ESOMEPRAZOLE</b>	Esomeprazole DR Capsule (20mg**, 40mg)	\$
	Esomeprazole DR Packet (10mg, 20mg, 40mg)	\$\$\$
	NEXIUM <sup>®</sup> DR Packet (2.5mg, 5mg, 10mg, 20mg, 40mg)	\$\$\$
	NEXIUM DR Capsule (20mg**, 40mg)	\$\$\$\$
<b>LANSOPRAZOLE</b>	Lansoprazole DR Capsule (15mg**, 30mg)	\$
	Lansoprazole DR ODT Tablet (15mg**, 30mg)	\$\$\$
	PREVACID <sup>®</sup> DR ODT Tablet (15mg, 30mg)	\$\$\$\$
	PREVACID DR Capsule (15mg**, 30mg)	\$\$\$\$
<b>OMEPRAZOLE</b>	Omeprazole DR Capsule (10mg, 20mg**, 40mg)	\$
	Omeprazole DR ODT Tablet (20mg)**	\$
	Omeprazole DR Tablet or PRILOSEC <sup>®</sup> DR OTC Tablet (20mg)**	\$
	FIRST-OMEPRAZOLE <sup>®</sup> Reconstituted Suspension (2mg/mL)	\$\$
	PRILOSEC DR Suspension For Reconstitution (2.5mg, 10mg)	\$\$\$\$
<b>OMEPRAZOLE/ SODIUM BICARBONATE</b>	Omeprazole-Sodium Bicarbonate Capsule (20mg-1.1g, 40mg-1.1g)	\$\$\$
	Omeprazole-Sodium Bicarbonate Packet (20mg-1.1g, 40mg-1.1g)	\$\$\$\$\$
	ZEGERID <sup>®</sup> Capsule (20mg-1.1g, 40mg-1.1g)**	\$\$\$\$\$\$
<b>PANTOPRAZOLE</b>	Pantoprazole DR Tablet (20mg, 40mg)	\$
	Pantoprazole DR Suspension (40mg)	\$\$\$\$
	PROTONIX <sup>®</sup> DR Tablet (20mg, 40mg)	\$\$\$\$
<b>RABEPRAZOLE</b>	Rabeprazole DR Tablet (20mg)	\$
	ACIPHEX <sup>®</sup> DR Tablet (20mg)	\$\$\$\$\$

\* Average overall EmblemHealth/ConnectiCare pricing per prescription as of Q1 2024. Medication coverage may vary by patient and line of business.

\*\* Available by prescription or over the counter. Prescription pricing is shown above.

<sup>1</sup>Jaynes M, Kumar AB. The risks of long-term use of proton pump inhibitors: a critical review. Ther Adv Drug Saf. 2018 Nov 19;10:2042098618809927. doi: 10.1177/2042098618809927. PMID: 31019676; PMCID: PMC6463334.