

# Prescribing Tips: Triple Inhaled Therapy

Prescribing multiple inhalers with similar components may increase both the side effects and your patients' monthly out-of-pocket costs. We are providing the following information to help you and your patients make informed decisions.

Breztri Aerosphere® and Trelegy® Ellipta® contain an inhaled corticosteroid (ICS), a long-acting beta2-adrenergic (LABA), and a long-acting muscarinic antagonist (LAMA). These medications should not be used with other medicines that contain a LABA or LAMA for any reason.\* The table below shows examples of combinations that should be avoided.

Triple Inhaled Therapies	Duplicate Therapies That Should Be Avoided		
ICS/LABA/LAMA	ICS	LABA	LAMA
<ul style="list-style-type: none"> <li>Breztri Aerosphere® (budesonide/formoterol/glycopyrrolate)</li> <li>Trelegy® Ellipta® (fluticasone/vilanterol/umeclidinium)</li> </ul>	<ul style="list-style-type: none"> <li>Alvesco® (ciclesonide)</li> <li>Asmanex® (mometasone)</li> <li>ArmonAir Digihaler; Arnuity® Ellipta®; Flovent® (fluticasone)</li> <li>Pulmicort® (budesonide)</li> <li>QVAR RediHaler® (beclomethasone)</li> </ul>	<ul style="list-style-type: none"> <li>Brovana® (arformoterol)</li> <li>Perforomist® (formoterol)</li> <li>Serevent® Diskus® (salmeterol)</li> <li>Striverdi® Respimat® (olodaterol)</li> </ul>	<ul style="list-style-type: none"> <li>Incruse® Ellipta® (umeclidinium)</li> <li>Lonhala® Magnair® (glycopyrrolate)</li> <li>Spiriva® (tiotropium)</li> <li>Tudorza® Pressair® (aclidinium)</li> <li>Yupelri® (revefenacin)</li> </ul>
		<b>ICS/ LABA</b> <ul style="list-style-type: none"> <li>Advair®; AirDuo®; Wixela® Inhub® (fluticasone/salmeterol)</li> <li>Breo® Ellipta® (fluticasone/vilanterol)</li> <li>Dulera® (mometasone/formoterol)</li> <li>Symbicort® (budesonide/formoterol)</li> </ul>	<b>LABA/LAMA</b> <ul style="list-style-type: none"> <li>Anoro® Ellipta® (vilanterol/umeclidinium)</li> <li>Bevespi Aerosphere® (formoterol/glycopyrrolate)</li> <li>Duaklir® Pressair® (formoterol/aclidinium)</li> <li>Stiolto® Respimat® (olodaterol/tiotropium)</li> </ul>

\*The Breztri package insert is available at [breztri.com](http://breztri.com) and the Trelegy package insert is available at [trelegy.com](http://trelegy.com).

Please call our clinical pharmacist **929-988-1834** if you need additional information.